

April 22, 2020 | 4:50 pm

Information on Novel Coronavirus

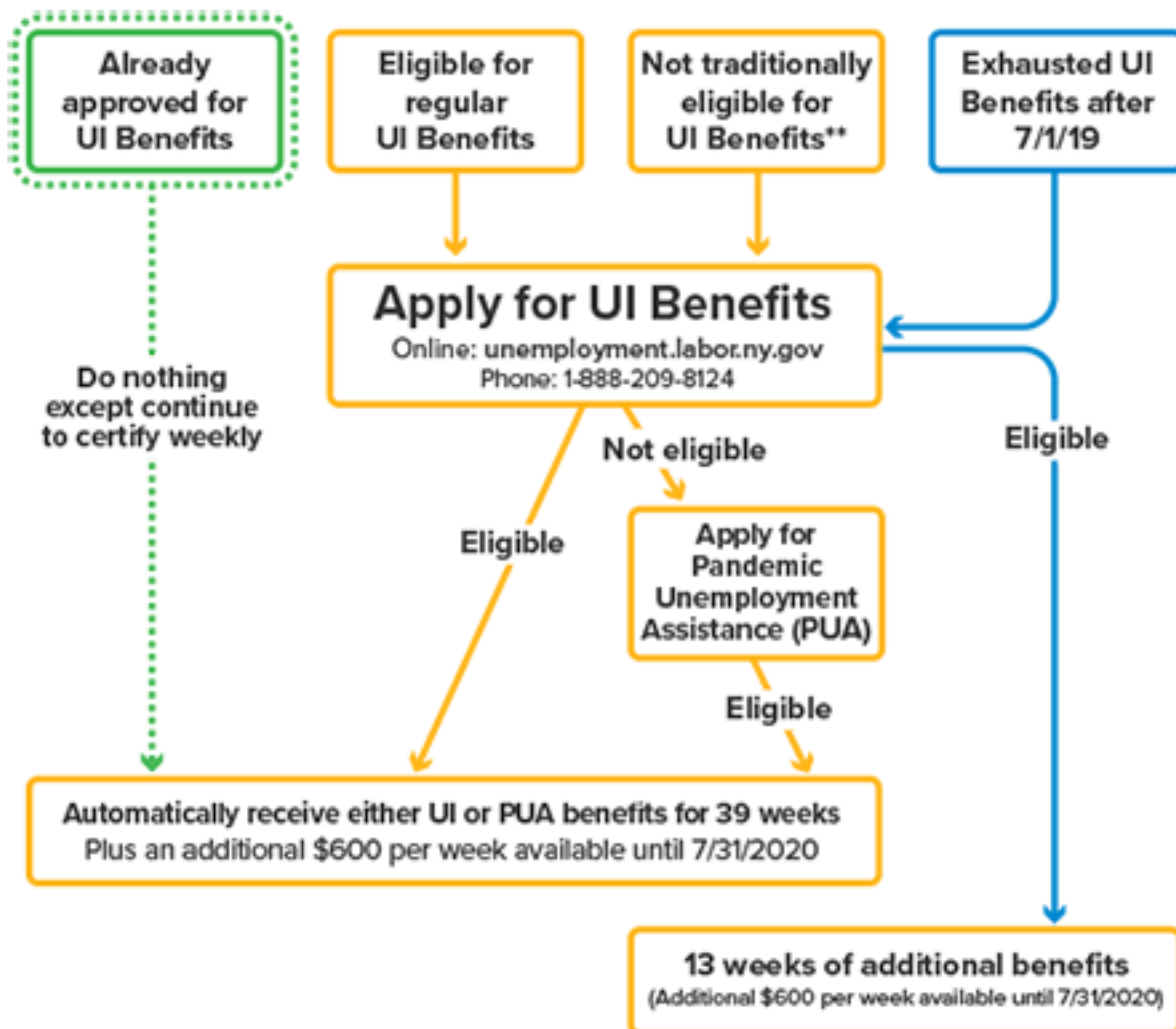
NY State remains on PAUSE through May 15. All non-essential workers are directed to work from home, and everyone is required to wear a face covering and maintain a 6-foot distance from others in public.

GET THE FACTS >

(<https://coronavirus.health.ny.gov/home>)

- [Home](http://www.labor.ny.gov) (<http://www.labor.ny.gov>)
- [Unemployment Insurance](/ui/ui_index.shtm) (/ui/ui_index.shtm)
- What You Need to Know and Do About the CARES Act

What You Need to Know and Do About the CARES Act



Download the flowchart above (PDF):

[English \(/ui/pdfs/cares-act-need-to-know-flowchart.pdf\)](/ui/pdfs/cares-act-need-to-know-flowchart.pdf) | [Bengali \(/ui/pdfs/cares-act-need-to-know-flowchart-bengali.pdf\)](/ui/pdfs/cares-act-need-to-know-flowchart-bengali.pdf) | [Chinese \(/ui/pdfs/cares-act-need-to-know-flowchart-chinese.pdf\)](/ui/pdfs/cares-act-need-to-know-flowchart-chinese.pdf) | [Haitian-Creole \(/ui/pdfs/cares-act-need-to-know-flowchart-haitian-creole.pdf\)](/ui/pdfs/cares-act-need-to-know-flowchart-haitian-creole.pdf) | [Korean \(/ui/pdfs/cares-act-need-to-know-flowchart-korean.pdf\)](/ui/pdfs/cares-act-need-to-know-flowchart-korean.pdf) | [Nepali \(/ui/pdfs/cares-act-need-to-know-flowchart-nepali.pdf\)](/ui/pdfs/cares-act-need-to-know-flowchart-nepali.pdf) | [Polish \(/ui/pdfs/cares-act-need-to-know-flowchart-polish.pdf\)](/ui/pdfs/cares-act-need-to-know-flowchart-polish.pdf) | [Russian \(/ui/pdfs/cares-act-need-to-know-flowchart-russian.pdf\)](/ui/pdfs/cares-act-need-to-know-flowchart-russian.pdf) | [Spanish \(/ui/pdfs/cares-act-need-to-know-flowchart-spanish.pdf\)](/ui/pdfs/cares-act-need-to-know-flowchart-spanish.pdf)

The federal CARES Act was signed into law March 27, 2020. The Act provides enhanced Unemployment Insurance (UI) benefits and Pandemic Unemployment Assistance (PUA) for New Yorkers. Here's what you need to know.

You may download the information below (PDF):

[English \(/ui/pdfs/cares-act-need-to-know.pdf\)](/ui/pdfs/cares-act-need-to-know.pdf) | [Bengali \(/ui/pdfs/cares-act-need-to-know-bengali.pdf\)](/ui/pdfs/cares-act-need-to-know-bengali.pdf) | [Chinese \(/ui/pdfs/cares-act-need-to-know-chinese.pdf\)](/ui/pdfs/cares-act-need-to-know-chinese.pdf) | [Haitian-Creole \(/ui/pdfs/cares-act-need-to-know-haitian-creole.pdf\)](/ui/pdfs/cares-act-need-to-know-haitian-creole.pdf) | [Korean \(/ui/pdfs/cares-act-need-to-know-korean.pdf\)](/ui/pdfs/cares-act-need-to-know-korean.pdf) | [Nepali \(/ui/pdfs/cares-act-need-to-know-nepali.pdf\)](/ui/pdfs/cares-act-need-to-know-nepali.pdf) | [Polish \(/ui/pdfs/cares-act-need-to-know-polish.pdf\)](/ui/pdfs/cares-act-need-to-know-polish.pdf) | [Russian \(/ui/pdfs/cares-act-need-to-know-russian.pdf\)](/ui/pdfs/cares-act-need-to-know-russian.pdf) | [Spanish \(/ui/pdfs/cares-act-need-to-know-spanish.pdf\)](/ui/pdfs/cares-act-need-to-know-spanish.pdf)

If You Are Already Approved for UI Benefits:

What you should do:

- **Do nothing except continue to certify weekly.** Your benefits will be updated automatically.
(Please do not call; it will only make it difficult for others to reach an agent.)

What you may qualify to receive:

- 39 weeks of UI benefits.
- An additional \$600/week until 7/31/2020.
(Payments begin 4/5/2020)

If You Are Filing a New UI Claim:

What you should do:

- Apply online at unemployment.labor.ny.gov (<https://unemployment.labor.ny.gov>).

What you may qualify to receive:

- 39 weeks of UI benefits.
- An additional \$600/week until 7/31/2020.
(Payments begin 4/5/2020)

If You Are Not Traditionally Eligible for UI Benefits:

What you should do:

- Check your eligibility for PUA:
[English \(/ui/pdfs/pandemic-unemployment-assistance.pdf\)](#) | [Bengali \(/ui/pdfs/pandemic-unemployment-assistance-bengali.pdf\)](#) | [Chinese \(/ui/pdfs/pandemic-unemployment-assistance-chinese.pdf\)](#) | [Haitian-Creole \(/ui/pdfs/pandemic-unemployment-assistance-haitian-creole.pdf\)](#) | [Korean \(/ui/pdfs/pandemic-unemployment-assistance-korean.pdf\)](#) | [Nepali \(/ui/pdfs/pandemic-unemployment-assistance-nepali.pdf\)](#) | [Polish \(/ui/pdfs/pandemic-unemployment-assistance-polish.pdf\)](#) | [Russian \(/ui/pdfs/pandemic-unemployment-assistance-russian.pdf\)](#)
- If you believe you are eligible, apply online at unemployment.labor.ny.gov (<https://unemployment.labor.ny.gov>).

What you may qualify to receive:

- 39 weeks of PUA benefits.
- An additional \$600/week until 7/31/2020.
(Payments begin 4/5/2020)

If You've Exhausted 26 Weeks of Benefits After 7/1/2019:

What you should do:

- Apply online at unemployment.labor.ny.gov (<https://unemployment.labor.ny.gov>).

What you may qualify to receive:

- 13 weeks of benefits.
- An additional \$600/week until 7/31/2020.
(Payments begin 4/5/2020)

More Information:

Frequently Asked Questions About UI During the Coronavirus Emergency:

[English \(/ui/pdfs/ui-covid-faq.pdf\)](#) | [Bengali \(/ui/pdfs/ui-covid-faq-BN.pdf\)](#) | [Chinese \(/ui/pdfs/ui-covid-faq-CH.pdf\)](#) | [Haitian-Creole \(/ui/pdfs/ui-covid-faq-HA.pdf\)](#) | [Korean \(/ui/pdfs/ui-covid-faq-KO.pdf\)](#) | [Polish \(/ui/pdfs/ui-covid-faq-PO.pdf\)](#) | [Russian \(/ui/pdfs/ui-covid-faq-RU.pdf\)](#) |

[Spanish \(/ui/pdfs/ui-covid-faq-SP.pdf\)](#)

To apply for UI benefits, file on these days:

Filing for UI benefits is based on your last name.

A - F file on Monday | G - N file on Tuesday | O - Z file on Wednesday

Missed your day? File on Thurs-Fri-Sat

NY State of Health

If you have lost your health insurance coverage or are uninsured, NY State of Health can help. You may be eligible for quality health insurance at little or no cost. Apply online

www.nystateofhealth.ny.gov (<http://www.nystateofhealth.ny.gov>), connect with an

application assistor info.nystateofhealth.ny.gov/findassistor

(<https://info.nystateofhealth.ny.gov/findassistor>), or call 1-855-355-5777.

SNAP (Supplemental Nutrition Assistance Program)

Do you need help paying for food? SNAP benefits can help you put healthy food on the table. Please visit www.myBenefits.ny.gov (<http://www.myBenefits.ny.gov>) for more information and to apply.

WIC (Women, Infants and Children)

Are you pregnant, postpartum, breastfeeding or have children under 5 and need help with healthy foods, breastfeeding or health care referrals? Visit

www.health.ny.gov/prevention/nutrition/wic

(<http://www.health.ny.gov/prevention/nutrition/wic>) for more information and to apply.